

Vegan for the animals 🐾

123V believes all animals deserve to live hopeful and free.

CAFETERÍA VEGAN



SNACKS

- OLIVES** £4
A selection of Mediterranean Olives 155 kcal
- SPICY EDAMAME** £5
Korean Style 110 kcal Sy

- JERK POPS** £6
Crispy Glazed Seitan Bites, Spring Onion V-Bacon Sprinkles 195 kcal G, Sy, Ce, Se, M
- GUACAMOLE** £6
Pico de Gallo & Cucumber, Tortilla Chips 152 kcal G

- CHICKPEA FRIES** £6
Mustard, Fleur de Sal 225 kcal Sp, M
- FRENCH FRIES** £5
315 kcal
- GOLDEN NUGGETS** £8
6x Impossible™ Fried Chicken Nuggets, Ketchup, Korean or Jerk dip 185 kcal G, Sy

SUSHI 1 2 3 V 幸せな魚

- PETIT SUSHI SET** £18
370 kcal G, Sy, M, Sp, Se
2x V-Tuna Nigiri
2x V-Salmon Nigiri
2x Avocado Nigiri
4x Uramaki
2 V-Salmon Avocado Maki
2 California Maki
Inari
Sweet Tofu Pocket
- GRAND SUSHI SET** £26
620 kcal G, Sy, M, Sp, Se
V-Prawn Tempura
Tentsuyu Sauce, Fresh Lime
2x V-Tuna Nigiri
2x V-Salmon Nigiri
2x Avocado Nigiri
8x Uramaki
4 V-Salmon Avocado Maki
4 California Maki
Inari Sweet Tofu Pocket

- CRISPY & SPICY V-TUNA ROLL (8pc)** £15
195 kcal Sy, Sp
Korean Spiced V-Tuna, Avocado, Pickled Cucumber, Spring Onion, Zingy Miso
- DRAGON ROLL (8pc)** £16
227 kcal Sy, Sp
Banana Blossom Tempura, Avocado, Crunchy Carrots & Beets, Wasabi Mayo

- CRISPY RICE GREEN DYNAMITE (8pc)** £17
213 kcal Sy, Sp
Spicy Tofu Crab, Guacamole, Battered Crispy Rice, Sriracha, Jalapeño
- V-PRAWN TEMPURA** £17
192 kcal Sy, Se, Sp
Lightly battered Plant Prawns, Broccoli, Courgettes, Asparagus with Tentsuyu sauce and Spicy Mayo Dips

BOTTOMLESS SUSHI
Unlimited dishes from the sushi menu! (2 hr max)
£30 per person

BAO BUNS Light steamed buns, freshly filled. Served with chopped salad.

- HAPPY DUCK BAO** £12
2x Soft Bao Buns filled with Planted™ Original Pulled, Pickled Greens, Cucumber, Spring Onion, Light Plum Sauce, Crispy shallot 460 kcal G, M, Sp
- HAPPY PIG BAO** £12
2x Soft Bao Buns filled with Planted™ BBQ Pulled, Roasted Shitake Mushrooms, Coriander, Green Chili, Spicy Mayo 435 kcal G, M, Sp

SALADS

- CLASSIC CAESAR** £17
Romaine Lettuce, Chick'n Pieces, Croutons, Parsley, Dijon, Garlic & Parmesan Dressing. 425 kcal M, G, Sy, N, Sp
- SOLEIL RIVIERA** £15
Green Beans, Golden Potato, Artichoke, Cherry Tomatoes, Sweetcorn, Mesclun Salad Leaves, Taggiasche Olives, Mustard Vinaigrette. 335 kcal M, Sp
- GREEK SUMMER** NEW £13
Spinach, Plant Feta, Walnut, Tomato, Kalamata Olives, Balsamic Vinaigrette. 425 kcal M, Sy, N, Sp
- AVOCADO TOAST** £12.50
Crushed Avocado, Toasted Sourdough 177 kcal M, G, Sp
Add tofu scramble - £3 Sy

1 2 3 V BURGERS & QUESADILLAS

served with potato or chickpea fries, or chopped salad

- CALIFORNIA CHEESEBURGER** £16
Beyond Meat™ Patty, House Bun, Vegan Cheese, Onion, Lettuce, Pickles, Special Sauce. 490 kcal G, Sy, M, Ce, Sp
the original 123V burger
Add Plant Bacon - £2

- JERK BURGER** £15
Beyond Meat™ Patty, House Bun, Avocado, Crispy Shallot, Lettuce, Pickles, Jerk Sauce. 495 kcal G, Sy, M, Ce, Sp

- CHICK'N-TOWN BURGER** £14
Crispy Coated Plant Chickn, Lettuce and Cool Mayo in a Soft Bun. 455 kcal Se, G, Sy, M, Ce, Sp

BOWLS

- SOBA NOODLE TIGER BOWL** £14
Fresh Soba Noodle, Kombu/Miso Broth, Marinated Chunks of Planted™ Original Chicken, Shitake and Enoki Mushrooms, Green Chards and Shichimi Togarashi 285 kcal G, M, Sp
- PESTO PENNE DE GRANODURO** £18
Roasted Cherry Tomatoes, Olives, Capers, Pesto, Vegan Parmesan, Basil & Chopped Parsley 425 kcal G, N, Sp
- PINK PALISSADE** £16
Smoked Tofu, Avocado, Pineapple, Sweetcorn, Kimchi, Crisp Nori, Pink Tom Yum Sauce, Brown Thai Rice. 285 kcal Sy, M, N, Se, Sp

- KFC BURGER** £15
Korean Fried Chick'n, Watercress, House-made Kimchi, Pickled Radish, Sriracha Mayo, Sesame & Coriander, Sweet Gochujang Sauce. 475 kcal Se, G, Sy, M, Ce, Sp

- QUESADILLA VERDE** £14
Fresh Toasted Corn Galette, Leeks, Spinach, Olives, Confit Tomatoes, Fresh Vegan Cheese, Wild Rocket. 395 kcal G, Sy, M, Sp

1 2 3 V BAKERY

- CROISSANT** £3
Plant butter & Jams 245 kcal G, Sy
- PAIN AU CHOCOLAT** £3
245 kcal G, Sy
- VANILLA MADELEINE** £7
Light Sponge Cake 245 kcal G, Sy
- MACAROON SET** £7.50
A set of Four Fresh Seasonal Macaroons 312 kcal N
- FLUFFY PANCAKE** £12
Buckwheat Pancakes, Fresh Seasonal Fruits, Caramelised Nuts and Maple Syrup 212 kcal N

DESSERT

- SUMMER BERRIES PAVLOVA** £8
Raspberry Sorbet, Vanilla Cream 395 kcal N, Sy
- SEASONAL FRUIT SALAD** £6
With Alpro Yogurt 177 kcal Sy
- SEASONAL SORBETS & ICES** 135 kcal £7.50
- TRES LECHES CAKE** £8
Almond, Oat, and Coconut Milk Tres Leches Cake with Fresh Mango & Lime 395 kcal G, N, Sy
- CHOCOLATE 'VEMESIS' CAKE** £9
70% Dark Chocolate Fondant cake, Sour Plant Cream 231 kcal G, Sp

123V is a CASHLESS business. Cards or contactless device payments only please. We are unable to accept cash. A 12.5% discretionary service charge will be added to your bill. 123V serves a menu free from all animal products. 1% of 123V & Gauthier Group net